

**Appendix 1**

**Drug Education Guidance**

**KS1**

**Years 1 and 2**

<b>Lesson</b>	<b>Learning outcomes</b>	<b>Resources/suggestions/method</b>
What goes onto my body	To understand basic rules about what goes on to the body	<b>Method/Resources</b> Discussion, writing, drawing, <b>Resources</b>  Drugs and their dangers at KS!
What goes into/is inside my body	To understand how and why substances get into the body	
Being healthy	To understand what being healthy and being ill can mean	
When do we need medicine	To understand that we sometimes need medicine  To know who gives us medicine	
Safety around medicines	To understand safety rules around medicine	

**Key Stage 2**

**Years 3 and 4**

<b>Lesson</b>	<b>healthyLearning outcomes</b>	<b>Resources/suggestions/method</b>
Being Healthy	<p>To understand what being healthy can mean</p> <p>To understand that we sometimes need medicine</p>	<p><b>Suggestions and method</b>                      Discussion, writing, drawing, role play, collecting pictures</p>
Being safe/needles	<p>To understand safety in a variety of contexts and especially around medicine</p> <p>To establish safety rules</p>	<p><b>Resources</b>                      The Drugs pack                      Will Power                      Learning for life</p>
Smoking - Tobacco	<p>To be aware of the affects of smoking</p> <p>To develop decision making skills in relation to smoking</p> <p>To understand that environment affects choice</p>	<p>Smoke screen                      Will Power</p>

**Key Stage 2**

**Years 5 and 6**

<b>Lesson</b>	<b>Learning Outcomes</b>	<b>Resources/Suggestions/Method</b>
Being healthy	<p>To understand what is meant by being healthy and unhealthy and how we can keep ourselves healthy</p> <p>Being safe around medicines</p>	<p><b>Suggestions and method</b> Talking, writing, role play, collage, group work, discussion, poster and comic strip making</p>
What is a drug?	<p>To assess childrens knowledge about drugs</p> <p>To understand some of the effects all drugs have on the body</p> <p>To understand what is meant by a drug</p> <p>To understand some of the effects drugs have on the body</p>	<p>Visiting speakers, police, nurse etc, safety carousel etc.</p> <p><b>Resources</b> The World of Drugs 1 Substance and solution Will Power The Drugs pack The World of drugs 3</p>
Who uses drugs and why do people use drugs	<p>To understand why people use drugs</p> <p>To understand there are consequences of using drugs</p> <p>To understand that all drug use is affected by environment and emotion</p>	

<b>Lesson</b>	<b>Learning Outcomes</b>	<b>Resources /Method</b>
Pressures, influences and choices  Who can help us?  Alcohol  Rules	To understand what is meant by pressure  To develop some decision making skills  To identify those who can help us  To understand what is meant by confidential  To understand the effects of alcohol/tobacco  To understand the legal situation regarding drug use	The World of Drugs 4     The world of drugs 6 and 7 Thinking about drinking The world of drugs 9