



Relationships & Sex Education (RSE)

Relationships Education

- Teaching about relationships is nothing new for primary schools.
- Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education, was published by the DfE.
- Outlines what schools need to cover from September 2020.

Relationships Education

- We want to support young people to be happy, healthy and safe – equipping them for adult life, including managing challenges that come their way.
- Children have access to so much information at their finger tips.
- Teaching the skills and confidence to have safe, positive, healthy and enjoyable relationships.
- It helps to protect – Education is the only way that children will be able to recognise abusive behaviour and know how to seek help.

Relationships Education

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

All will be covered in an age appropriate way.

Physical health and mental wellbeing

Changing adolescent body

At the end of primary, pupils should know:

- key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes
- about menstrual wellbeing including the key facts about the menstrual cycle

The importance of engaging with parents and carers

- School recognises your role and the important lessons you teach your child.
- Your input is greatly valued.
- There is no withdrawal from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Thank you for taking time to read this

- Please contact school via telephone or email if you have any questions.
- Mrs Woods is our RSE lead and will try her very best to answer any of your questions.

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