



Care, believe, achieve together!

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COVID19 Update

Dear Parents/Carers

As you are aware, the response to COVID-19 has changed and has been brought into line with the advice that is given for other respiratory infections (a cold, flu etc.).

Regular asymptomatic testing (using lateral flow tests) is no longer recommended for adults or children.

Free PCR tests are no longer available to the vast majority of people and there is no longer a need for you to request a PCR test if you have symptoms of COVID-19.

What to do if you or your child has symptoms:

Adults with symptoms of a respiratory infection, including COVID-19, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature.

Children who are unwell and have a high temperature should stay at home and avoid contact with other people. They can come back to school when they no longer have a high temperature, and they are well enough to attend.

What to do if you or your child has a positive COVID-19 test:

Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. **For children and young people aged 18 and under, the advice is to stay at home for 3 days.**

If you have any questions, please do not hesitate to contact us.

Kind regards,

Kathryn Costello

Mrs Costello (Headteacher)